2018 FELL RUNNING YORKSHIRE JUNIOR & SENIOR CHAMPIONSHIPS & INTER COUNTIES INFORMATION

The Senior & U23 Championships are to be held on Sunday 18th February at the Ilkley Moor race, 8k/401m, from Wells Rd, Ilkley, LS29 9RF. 11.30 am. Over 16. Entry limit of 400. EOD only if entry limit not reached. Entry £5 on www.sportsentrysolutions.com. Details on www.ilkleyharriers.co.uk/index.php?page=imr or http://www.fellrunner.org.uk/races.php?id=5514 Senior Championship medals Gold, Silver, Bronze to the first 3 men and the first 3 women. U23 Championship medals Gold, Silver, Bronze to the first 3 men and the first 3 women. Team championship Gold medals to first men's and women's teams only, 3 to score.

Thanks to sponsorship from 'The Wharfedale Clinic' <u>www.wharfedaleclinc.co.uk</u> & 'Precision Pest Management' <u>www.precisionpest.co.uk</u>.

The UKCAU Senior & U23 Inter-Counties Championships – Saturday 19th May at the Lads Leap race, Crowden Campsite, nr Woodhead, off A628. 9.5k/518m. Ladies 12noon & Men 13.15pm. Details on http://www.fellrunner.org.uk/races.php?id=5758 Selection 5 men including at least one MU23 and 5 female including at least one FU23. The minimum age for Senior competitors is 19 on 31st December 2018

The Junior U13, U15, U17 & U19 Championships are to be held on Saturday 26th May at the West Nab races, Carlile Institute, Huddersfield Road, Meltham, HD9 4AE, races from 12.30pm, race field venue 15 minutes walk away. All races entry on the day. Details on **www.holmfirthharriers.com**

Championship Gold, Silver & Bronze medals to first 3 in each male and female categories.

Thanks to sponsorship from 'Byram Construction Ltd' www.byram.co.uk

The Junior U17 & U19 Inter-Counties Championships - Saturday 30th June, Up the Nab, 6.4k/365m, 1pm, Glossop Rugby Club, Hargate Hill Lane, Charlesworth, SK13 5HG Details on http://www.fellrunner.org.uk/races.php?id=5773 Selection is 3 boys & 3 girls in U17 & U19. Junior ages are as at 31st December 2018.

If you are interested in selection or need more information on the **BEST** county. **Contact** - Yorkshire Championship Co-ordinators, selectors & team managers: Eileen & David Woodhead, Tel: 01535 669100. For updated information see; <u>www.woodentops.org.uk</u>